



2700 KEARNS BOULEVARD
PARK CITY, UTAH 84060

435-645-5600
435-645-5609 FAX

Dear Parent or Guardians,

To comply with Utah law 53A-11-201 Rules for examinations prescribed by the Department of Health, instructions on how to check your child for scoliosis are provided to parents of school age children grades fifth through eighth.

Scoliosis is sideways twisting of the spine or backbone. It is usually detected in children between 10 and 14 years of age. Kyphosis, sometimes called roundback, is an exaggerated rounding of the upper back and may look like poor posture.

Many cases of scoliosis and kyphosis are mild and require only ongoing observation by a physician. Others can worsen as your child grows and require treatment with bracing or surgery. Left untreated scoliosis/kyphosis may get worse as your child grows. Early detection and treatment are essential to help avoid complications that may include back pain, fatigue, reduced exercise tolerance, and in severe cases decreased heart and lung function.

The procedure for screening is simple. Looking at your child's back while he/she stands and then bends forward can detect the presence of scoliosis or kyphosis. Simple instructions are attached.

If you suspect your child has scoliosis or kyphosis you should contact your primary care physician and have your child checked.

If you have any questions, please contact your school nurse.

Sincerely,
PCSD Health Services Department

- Suzanne Tanner, Supervisor, MS, BSN, RN, RDH Park City High School
 - 435-645-5650, sutanner@pcschoools.us
- Gina Agy, BSN, RN and Julie Jackson BSN, RN Treasure Mountain Junior High School
 - 435-645-5640, gagy@pcschoools.us and jjackson@pcschoools.us
- Anne Alexander, BSN, RN, Ecker Hill Middle School
 - 435-645-5610, aalexander@pcschoools.us
- Kirsten Brotherson, BSN, RN, JRES, MPES
 - 435-645-5630, Jeremy Ranch Elementary School
 - 435-645-5670, McPolin Elementary School
 - kbrotherson@pcschoools.us
- Shannon Corcoran, MSN, RN Parley's Park Elementary School
 - 435-645-5620, scorcoran@pcschoools.us
- Sandra Joder, BSN, RN Trailside Elementary School
 - 435-645-5680, sjoder@pcschoools.us

